

**Healthy Schools Network
2010 - 2011 School Inquiry Questions**

School	District	Question
Hume Elementary School	#8 Kootenay Lake	If we implement the FRIENDS for Life program, will grade 5 students self report an increased sense of efficacy to confidently address the stresses in their lives?
South Nelson Elementary	#8 Kootenay Lake	Will the implementation of the W.O.W. (Walking or Wheeling on Wednesdays) initiative increase students' understanding of the benefits of regular physical activity for themselves and others as measured by the Healthy Living Performance Standards?
Salmo Elementary	#8 Kootenay Lake	Will the implementation of a school wide fitness program improve our overall fitness level and awareness of fitness for our students?
LV Rogers Secondary	#8 Kootenay Lake	If the grade 12 Recreational Leadership students complete 4 initiatives in the community, will it result in improved relationships between the grads and the school and the community that supports the graduation class?
Edgewood Elementary School	#10 Arrow Lakes	Will educating students about road safety throughout all aspects of our weekly walks and other off-grounds activities, increase student understanding and use of road safety practices as measured by the BC Healthy Living Performance Standards?
Mission Hill Elementary	#22 Vernon	Will providing healthy food before school and at recess increase student learning for our at risk students?
Kalamalka Secondary	#22 Vernon	Will educating our teachers and student leaders on the why, how, and what we can do to improve our school based on Healthy School guidelines, motivate them to make positive changes, translating our school into a more positive, healthy and aware school?
Coldstream Elementary	#22 Vernon	Can we generate an increased level of fitness (measured by charting before and after activity heart rates, an increased classroom connectedness (work towards whole class goals and measured through observation), and an increased capacity to learn (measured by class survey), by having the grade 7 class participate in a "learn to run" program with the goal of completing a 5-10 km run as a class upon completion of program?
BX Elementary	#22 Vernon	Can students develop school connectedness through the teaching of positive decision making, character virtues and the implementation of daily physical activity?
Ecole Beairsto Elementary	#22 Vernon	Will student involvement and leadership in addressing the conflicts between girls help reduce the frequency and intensity of the conflicts?
Rutland Middle School	#23 Central Okanagan	Will the implementation of Health and Career Education, as a linear course including thirty minutes of daily physical activity, improve students' perceptions of Rutland Middle School as a health-promoting school?

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Forest Grove Elementary School	#27 Cariboo Chilcotin	Will the use of community partnerships using school facilities and their expertise improve students' sense of school connectedness? Will community involvement in healthy eating programs and active movement throughout the school day improve students' health and motivation at school?
Vancouver Technical Secondary	#39 Vancouver	Will teaching Science students how to plan, plant, and harvest a variety of local herbs, vegetables, and fruits increase their awareness and practice of healthy eating habits as measured by the Healthy Eating Scale?
Grandview/uuqinak'uuh Earth School	#39 Vancouver	If primary students are involved in growing and preparing healthy food as part of their school experience, will their attitudes, knowledge and behaviours around healthy food become more positive?
Forest Grove Elementary	#41 Burnaby	Will the introduction of a school wide charter and restorative justice improve the relationships of our students based on the BC Performance Standards for healthy relationships?
St Francis de Sales School	Ind - #41 Burnaby	Will students show an awareness of healthy food choices by learning how to read "Nutritional Facts" on packaged items and be introduced to healthier alternatives?
Glenayre Elementary School	#43 Coquitlam	Does teaching the Sip Smart program influence students' ability to make healthy drink choices?
Ranch Park Elementary	#43 Coquitlam	Will student levels of physical activity increase by increasing student access to school indoor and outdoor facilities during non-instructional times throughout the school day?
Kwayhquitlum Middle School	#43 Coquitlam	Will the sharing of resources, offering in-services, and demonstrating activities and lesson ideas of how to incorporate the new IRPs across all grade levels increase staff confidence in delivering PLOs, thereby increasing the variety in our PE program?
Mundy Road Elementary School	#43 Coquitlam	Will students be able to accurately describe the individual and classroom student benefits of daily physical fitness on their learning activities in the classroom?
RC MacDonald Elementary	#43 Coquitlam	We wonder if going on regular focused nature walks on our school property forest during our school wide activity times, once - twice per month, will increase our students' awareness and appreciation for our forested playground area and the natural environment.
Montgomery Middle School	#43 Coquitlam	If we create "Focus on Friendship" guided activities once a month, will we see an increase in students' sense of belonging and connection as indicated by their responses to a pre and post survey?
Mountain View Elementary	#43 Coquitlam	Will monthly healthy food targets change the lunch and/or snack choices of students?
Ridgeview Elementary School	#45 West Vancouver	Will student leadership opportunities help promote a school wide focus on physical fitness and global awareness and improve children's global awareness and access to many opportunities for fitness and in the school and the community?

School	District	Question
Blackwater Creek Elementary School	#48 Howe Sound	To what extent will the use of Assessment For Learning practices applied during a food group unit improve student's snack choices?
Sk'aadga Naay	#50 Haida Gwaii	We have found that students who are being defiant or engaging in negative behaviours are often hungry. Will providing all students with a healthy breakfast and nutritious snacks whenever necessary improve their behaviour and decrease office referrals?
JA Hutton Elementary	#51 Boundary	Will providing a small group focused on friendship building skills improve relationships as determined by self assessments?
Ntamtqen snm'a?m'aya?tn	Aboriginal - #53 Okanagan	Ntamtqen Snm'a?m'aya?tn is located just outside of Cawston, British Columbia. As a school we pride ourselves on our First Nations Culture and Community involvement. We are fortunate to be located short kilometers from Keremeos, British Columbia, which is the Fruit Stand Capital. We would like to see at the end of the year children eating a variety of fruits and vegetables. To do this we will introduce a new fruit or veg each week from now until June. We would also like to see ball handling skills improve from September until June in all students. Daily Physical activity will be monitored as well to see what other improvements in our Healthy School that we can learn from now until June!
Oliver Elementary School	#53 Okanagan	If we develop a locally based assessment tool derived from the BC Healthy Living Performance Standard to measure the understanding of healthy eating, will 80% of participating students from each partner school grades 1 - 7 reach the acquired or accomplished categories?
SenPokChin School	Ind - #53 Okanagan	How will engaging students in learning about gardens and growing their own food change what they choose to eat?
Okanagan Falls Elementary	#53 Okanagan	Will students eat healthier foods if presented with salad bar options (2x per month) plus include class lessons involving health food options? Utilization of rubric developed by Oliver Elementary (SD 53).
Tuc-el-Nuit Elementary	#53 Okanagan	If we develop a locally based assessment tool derived from the BC Healthy Living Performance Standard to measure the understanding of healthy eating, will 80% of participating students from each partner school grades 1 - 7 reach the acquired or accomplished categories?
Penticton Christian School (K-12)	Ind - #53 Okanagan	Will peer teaching the grades 3-6 students about the effects of drugs, alcohol, and tobacco increase their awareness, knowledge, and understanding of the dangers of these substances and solidify their commitment to abstain from their use?
Ron Brent Elementary	#57 Prince George	How will using a student friendly continuum based on the healthy living performance standards help students create, maintain, and improve positive and healthy relationships within the classroom and within the school?

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Heather Park Elementary School	#57 Prince George	How can we increase the feelings of student connectedness to our school? Will the implementation of recess/noon hour games, buddy reading activities and student leadership increase school connectedness? Will teacher connectedness increase as well?
Glenview Elementary	#57 Prince George	How will a focus on emotional health, including the use of attitude/gratitude journals, affect how connected students and staff feel towards the school community, as assessed using the Healthy Relationships strand of the Healthy Living Performance Standards?
N'Kwala School	Ind - #58 Nicola Similkameen	By having our students engaged in organized daily physical activities, will we see an increase in the students' core flexibility?
Robert Ogilvie Elementary	#60 Peace River North	Can we use education to improve the healthy food choices of our students?
Bert Bowes Middle School	#60 Peace River North	Will explicitly teaching students about Canada's Healthy Food Guide and healthy lifestyles actually change students eating habits as personally reported on a survey using the Healthy Eating strand of the Healthy Living Performance Standard?
Alwin Holland Elementary School	#60 Peace River North	Will students make healthy snack choices when provided with instruction on nutrition? Will students demonstrate a higher level of fitness when given opportunity for daily physical activity?
Bert Ambrose Elementary	#60 Peace River North	Can we continue to improve healthy eating habits at Bert Ambrose Elementary at recess and lunch? Our Grade six and grade two class will work together to educate and monitor the healthy food choices brought from home.
CM Finch Elementary	#60 Peace River North	Will active participation/engagement by the whole school in the Kokanee in the Classroom project contribute to greater school connectedness? With the project located in the common area, do all teachers and students feel part of the project? By comparing the timeline for hatching/growth of Baldonnel Kokanee and Finch Kokanee will students be able to make a personal connection to how healthy living choices and environmental factors impact their development?
Spectrum Community School	#61 Greater Victoria	Does participation in school activities increase a student's connectedness to school?
Kaleden Elementary School	#67 Okanagan Skaha	If our staff members encourage students to ask for help when experiencing social problems, and if our staff coaches kids on appropriate language and strategies to solve social problems, will we see an increase in positive student interactions as measured by the Healthy Relationships aspect of the Healthy Living Performance Standards?
Carmi Elementary School	#67 Okanagan Skaha	If we identify specific students K - 5 who we are worried about, and we put specific strategies in place to connect with those students, will students demonstrate an increased sense of belonging?

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Dover Bay Secondary	#68 Nanaimo Ladysmith	The development of healthy relationships is an essential component of building school connectedness. What can we discover from the learning partnerships between students across the grades and in different schools that will further support engagement in healthy relationships at school?
Randerson Ridge Elementary	#68 Nanaimo Ladysmith	How will the networking of peer coaching groups create a shared learning alliance that transforms into a community of learners and manifests beyond the boundaries of the classroom?
South Wellington Elementary	#68 Nanaimo Ladysmith	Will the process of self and peer assessment and peer coaching improve the healthy relationships of our students based on the Healthy Relationship Strand of the Healthy Living Performance Standards?
Brechin Elementary	#68 Nanaimo Ladysmith	Will participation in a school wide structured DPA program continue to improve attitude towards physical activity and academics as measured by school surveys (student, parents and teachers) and the BCPS.
Cilaire Elementary	#68 Nanaimo Ladysmith	Will participation in daily physical activity plus our twice weekly all-school runs improve student fitness levels, with a particular focus on student endurance levels?
Nanaimo District Secondary School	#68 Nanaimo Ladysmith	Will giving choices in activities to girls in grade 9 and 10 PE classes help students to develop positive attitudes about physical activity and develop enjoyment of physical activity among female students?
False Bay School	#69 Qualicum	Will participation in the Primary Class Cooking Program promote learning of Healthy Eating along with practical cooking skills that are observed in the students' homes?
Qualicum Beach Middle	#69 Qualicum	After direct teaching of the skill of skipping to the grade 4/5 students at Qualicum Beach Elementary school will they be able to learn the skills in the first two levels of the skipping program? Will they also be inspired and skilled enough to be able to teach the younger children in the school how to skip by setting up a program, teaching and monitoring their progress?
Maquinna Elementary	#70 Alberni	Will the use of a competitive and motivational strategy ("Running Card") enhance our students' interest in Daily Physical Activity as measured by the Healthy Living Performance Standards?
Ecole des deux mondes	#72 Campbell River	Will cross grade coaching through math problem solving enable students to improve their work habits?
Timberline Secondary School	#72 Campbell River	How will grade 10 student's views toward suicide change with education on the subject?
Vavenby Elementary	#73 Kamloops Thompson	Will parental engagement, and student health, punctuality, and attendance improve if we communicate to parents about our winter clothing program and our morning routine that includes 20 minutes of fun physical activity, hand washing and connection time with school support worker, and a healthy snack while reading and looking at books?
Barriere Elementary	#73 Kamloops Thompson	Will educating students about eating a healthy balanced diet and participating in daily physical activity help them make a connection between nutrition/exercise and mental alertness?

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Bert Edwards Elementary	#73 Kamloops Thompson	Does the implementation of the "Power Start" program and the "See It-Try It-Do It" Program positively affect students' attitude, attendance, and connectedness to school?
Lillooet Secondary School	#74 Gold Trail	If we structure Play It Fair Lessons into Grade 8 PE Curriculum every two weeks, will our students demonstrate healthier relationships within the classrooms, school and community?
Cache Creek Elementary	#74 Gold Trail	Will primary students be better able to identify three components of a healthy lifestyle, healthy eating, healthy attitude, and exercise by working with secondary students as peer buddies and peer tutors?
Albert McMahon Elementary	#75 Mission	Will re-structuring our lunch hour to have students play in the first half of the lunch break and eat in the second half of the lunch break improve student behaviour during unstructured play time and in the classroom as measured by both office referral tracking and the "Play First Lunch" survey for the staff?
Somenos Rural Traditional School	#79 Cowichan Valley	Will, implementing recess/noon hour playground activities, run by leadership students lead to improved student connectedness (decision-making, leadership, caring for others, skills to deal with bullying)?
George Bonner Middle School	#79 Cowichan Valley	Will explicitly teaching the traits of connectedness increase individual (staff, parent and student) levels of connectedness to and within the school community?
Quamichan Middle School	#79 Cowichan Valley	In what ways does using descriptive feedback across the curriculum increase Grade 8 students' feelings of connectedness?
Frances Kelsey Secondary School	#79 Cowichan Valley	How does being a member in a service club contribute to school connectedness?
Hazelton SDA School	Ind - #82 Coast Mountains	Will the use of prayer and the introduction of healthy snacks, and hot lunch have a positive effect on student learning?
Sea View Elementary/Jr. Secondary	#85 Vancouver Island North	For students in Grades 7 to 9, can the guided experiences of participating in unfamiliar physical activities be used as a tool for exploring and reflecting upon personal learning processes (including stages of learning, learning styles, and how performance is affected by attitudes, emotions, effort, rehearsal, and well-being).
Alert Bay Elementary School	#85 Vancouver Island North	Will direct, school-wide instruction about not only healthy food choices, but also the deleterious effects of poor food choices, help students to make the connection between what they eat and the health and welfare of their bodies? As a result, will this positively influence their food choices and result in students bringing healthier food to school with them?
Sinkutview Elementary	#91 Nechako Lakes	Will working with the First Nation communities and using diverse types of technology (net fishing, computers) enhance student understanding of maintaining a healthy lifestyle through a variety of physical (e.g. net fishing), social (e.g. Stellako), and academic activities (e.g. Aboriginal stories)?

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Fraser Lake Elementary Secondary School	#91 Nechako Lakes	We at FLESS have considered many aspects of the outcome of supplying our students with breakfast. Our question is: Can Breakfast for Learning positively impact children's academic and/or behavioural performance?
W. L. McLeod Elementary	#91 Nechako Lakes	Will participating in Buddy DPA and learning about Aboriginal culture enhance student connection to the school community and with each other?